

ADVANCED CBT PROCESS-BASED THERAPY

Move beyond protocol-driven CBT and target the processes that drive change.



Prof. Stefan G. Hofmann, PhD

Alexander von Humboldt Professor of Translational Clinical Psychology, Philipps-Universität of Marburg, Germany

Co-developer of Process-Based Therapy



Part 1 —
Wednesday 15 July



Part 2 —
Wednesday 29 July



4:00 pm – 7:30 pm AEST
3.5 hours each session



Live via Zoom



Live and Recorded –
30 Days Access



Target core
processes of change



Use functional analysis
to personalise therapy



Apply network-informed
case formulation

EARLY BIRD

\$400

per person (inc. GST)

Register before 1 July 2026

STANDARD / GROUP (2+)

\$450 / \$400

per person (inc. GST)

Group rate for 2 or more registrations



SECURE YOUR PLACE TODAY